

POOL SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim 5:15 – 7:45	Lap Swim 5:15 – 7:45	Lap Swim 5:15 – 7:45	Lap Swim 5:15 – 7:45	Lap Swim 5:15 – 7:45	CLOSED	CLOSED
Aqua Fitness 8-8:45	Adult Open 8-9:45	Aqua Fitness 8-8:45	Adult Open 8-9:45	Aqua Fitness 8-8:45	Aqua Zumba 8-8:45	
Aqua Fitness 9:15 – 10 Adult Open Deep End		Aqua Fitness 9:15 – 10 <i>Adult Open Deep End</i>		Aqua Fitness 9:15 – 10 <i>Adult Open Deep End</i>	Swim Lessons 9-11	
Open Swim 10-11	Deep Water 10:00-10:45	Open Swim 10-11	Deep Water 10:00-10:45	Open Swim 10-11	Adult Open 11-12	
Closed 11-12	Aqua Fitness 11-11:45	Closed 11-12	Aqua Fitness 11-11:45	Closed 11-12		
Adult Open 12-1	Adult Open 12-12:45	Adult Open 12-1	Adult Open 12-12:45	Adult Open 12-1	Open Swim 12 – 4:45	
Open Swim 1-2	Twinges in the Hinges 1- 1:45	Open Swim 1-2	Twinges in the Hinges 1- 1:45	Open Swim 1-2		
Closed 2-3:30	Closed 2-3:30	Closed 2-3:30	Closed 2-3:30	Closed 2-3:30		
Open Swim 3:30 – 5:45	Open Swim 3:30 – 4:45	Open Swim 3:30 – 5:45	Open Swim 3:30 – 4:45	Open Swim 3:30 – 5:00		
Swim Lessons 6:00 – 7:00	Swim Lessons 5:00 – 6:00	Swim Lessons 6:00 – 7:00	Swim Lessons 5:00 – 6	Lap Swim 5-6		
Open Swim 7-8:45	Deep Water Exercise 6-6:45	Open Swim 7-8:45	Deep Water Exercise 6-6:45	Open Swim 6-8:45	Open swim 1pm – 5pm	
	Open Swim 7-8:45		Open Swim 7-8:45			

Open Swim

Pool will be open with only 1 lap lane

Adult Open

2 lap lanes may be put in. Must be 18.

Lap swim

All 3 lanes will be put in for all ages. Must swim laps